

## How Can You Help?

- **Make a food donation**
- **Organize a food drive/collection**
- **Make financial contributions**

## Where Can Food Be Donated ?

There are donation boxes at:

- **Bethlehem Town Hall**
- **Bethlehem YMCA**
- **Delmar Marketplace**
- **Bethlehem Public Library**

## Other Helpful Programs

Summer Nutrition Program - A six week program available to families with school aged children receiving free or reduced lunches or who have been referred by the school systems. Nutritious foods are given to families, and dietary specialists teach families about healthy ways to prepare the food.

School Supply Drive— An August program that supplements the school supply needs of families with children using the Bethlehem Food Pantry, and others who have been referred by the school system.

## Food Pantry Needs Spring 2011-12

Cereal  
Baking items-sugar, cake mixes, etc.  
Canned meats and fish  
Canned fruits  
Macaroni and Cheese  
Soups  
Baking mixes  
Sugar  
Mustard  
Toothpaste  
Shampoo and Conditioner  
Laundry detergent  
Liquid dish soap  
Deodorant  
Soap  
Feminine products

## What can be donated to the Bethlehem Food Pantry?

- **Non-perishable food items with dates that are not expired**
- **Gift cards to local grocery stores and pharmacies**
- **Fresh vegetable and fruits**
- **Monetary donations to “Bethlehem Senior Projects, Inc.” designating Bethlehem Food Pantry on the memo line**

## Bethlehem Food Pantry

**A joint program of**  
**Bethlehem Senior Projects, Inc.**  
**and the**  
**Town of Bethlehem**  
**Senior Services**  
**serving residents of the Town.**



**Bethlehem Town Hall**  
**445 Delaware Avenue, Room 116**  
**Delmar, New York**  
**518-439-4955, x 1176**

## The Bethlehem Food Pantry

The Bethlehem Food Pantry, located at 445 Delaware Avenue, is one of over 50 food pantries affiliated with “The Food Pantries” for the Capital District.

The Bethlehem Food Pantry has non-perishable food items. Foods such as pasta products, canned meats and fish, cereal, canned fruits, vegetables and soups are available. There are also personal care products and toiletries.

The pantry is run through Bethlehem Senior Projects, Inc. with help from Bethlehem Senior Services and trained volunteers. Bethlehem Senior Projects, Inc. is a 501©(3) non-profit corporation which partners with the Town of Bethlehem to provide programs and services.



## Who Can Use the Food Pantry?

Residents of the Town of Bethlehem can use the Bethlehem Food Pantry. Individuals and families use the food pantry closest to the home address. The Bethlehem Food Pantry can be used every thirty days.

Social Workers are available to help connect pantry clients to other assistance programs such as Food Stamps, Medicaid and the Home Energy Assistance Program (HEAP).



## Which Pantry To Use?

If unsure which Food Pantry is closest to your residence, please call to ask.

Bethlehem Food Pantry  
at 439-4955, x 1176  
or  
The Food Pantries at 458-1167

## How You Use the Food Pantry?

There are specific hours that the Bethlehem Food Pantry is available; therefore, it is necessary to call at least a day in advance to schedule an appointment. Call Bethlehem Town Hall, 439-4955, ext 1176 and ask to speak with the Food Pantry staff to schedule an appointment. You will be given a half hour time slot to use the pantry. Please call if you are unable to make your appointment. If you have your own bags, please bring them with you.

Pantry users may select food items to supplement their own supply of food based on family size and availability.

