



Practical. Friendly. Supportive.

Practical and Friendly Assistance For Seniors

The Grocery Shopping Assistance and Friendly Home Visiting programs are designed to provide socialization and shopping assistance to those who are generally homebound, isolated, and lack adequate support systems to obtain these services. In both instances, volunteers are carefully screened, trained and matched with seniors in need. Volunteers are available and scheduled once per week, at a time agreeable to both parties.

Grocery Shopping Assistance volunteers go to a senior's home and pick up a shopping list and payment. They return immediately after shopping with the purchased items, a receipt and any change.

Friendly Home Visitors go to a senior's home weekly to provide socialization and companionship. Every effort is made to match the senior and volunteer based on personality and common interests.

Volunteers can play cards or other games, read, take short walks when appropriate, or just provide a listening ear.

Application and Payment For Services

Applications for service are taken by phone at the Volunteer Services Department, located at the Louise Corning Center, 518-432-0813. Referrals may come from seniors, friends or family members, or from another community agency. Applicants are screened for eligibility and some basic information is collected at the time of referral. An outreach counselor will come to the home to collect other necessary demographic information. Once approved, a search is done to find a volunteer match. It will normally take approximately 30 days to set up the first meeting.

There is no cost to receive these services. Those utilizing the programs will be notified of their opportunity to make a contribution if they would like to do so, and for any amount which is comfortable. No one is denied service because they are unable or choose not to contribute.

Any contributions that are received are used to expand the services to others in need.

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| <p>Albany Area Services and Centers</p> | <p>Madison Emporium Thrift Shop 518.434.8524 25 Delaware Avenue Albany, NY 12210</p> | <p>Administrative Offices 25 Delaware Avenue Albany, NY 12210 Phone: 518.465.3322 Fax: 518.465.6188 www.seniorservicesofalbany.com</p> |
| <p>Meals on Wheels 518.465.6465 20 Rensselaer Street Albany, NY 12202</p> | <p>Healthways Program 518.465.3322 25 Delaware Avenue Albany, NY 12210</p> |  |
| <p>Newgate Social Adult Day Services 518.449.8035 760 New Scotland Avenue Albany, NY 122080</p> | <p>Transportation 518.434.4219 25 Delaware Avenue Albany, NY 12210</p> | <p>Serving Elders and Their Families Throughout the Capital Region</p> |
| <p>Louise Corning Senior Center 518.465.3325 25 Delaware Avenue Albany, NY 12210</p> | <p>Community Care Services Division 20 Rensselaer Street Albany, NY 12202</p> <p>Shopping Assistance 518.432.0813 Friendly Home Visitors 518.432.0813 Caregiver Connection 518.465.1398 Volunteer Services 518.432.0813</p> | <p>Programs funded by Albany County Department for Aging, New York State Office for the Aging, City of Albany, United Way of Northeastern New York, and Senior Services of Albany Foundation.</p> |
| <p>Westview Senior Center 518.482.2120 680 Central Avenue Albany, NY 12206</p> | | |