

Practical. Friendly. Supportive.



For older adults who are generally homebound, isolated, and in need of a little extra help.

Shopping Assistance

Volunteers go to a senior's home and pick up their shopping list and payment. After shopping, volunteers bring in the purchases, receipt and change. Shopping is done weekly or bi-weekly at a time convenient to both parties.

Friendly Home Visiting

Volunteers go to a senior's home weekly to provide socialization and companionship. Activities may include playing cards, taking walks or chatting. Matches are made based on personality, common interests and geographic location. Visits occur at times agreeable to both the senior and volunteer.

Getting Started

To learn more about these programs, call the Volunteer Services Department, 518-432-0813. Calls may be placed by seniors themselves, friends, family or other community agencies.

The Volunteer Coordinator conducts home visits with all interested seniors. Volunteers are carefully screened and trained. These services are dependent on the availability of a well-matched volunteer so not all requests for service can be fulfilled.

Details

Services are partially funded by the Albany County Department for Aging; there is no cost to receive these services. (Grocery expenses are the responsibility of seniors receiving shopping services).

Those utilizing the programs will be given an opportunity to make a contribution towards expanding the programs to serve others. No one is denied service because they are unable to or choose not to contribute.

seniorservicesofalbany.com/shopping.htm

<p>Albany Area Services and Centers</p> <p>Meals on Wheels and Food Service Division 20 Rensselaer Street, Albany, NY 12202518.465.6465</p> <p>Newgate Social Adult Day Services.....518.449.8035 760 New Scotland Avenue Albany, NY 12208</p> <p>Westview Senior Center518.482.2120 680 Central Avenue Albany, NY 12206</p> <p>Transportation..... 518.434.4219 20 Rensselaer Street Albany, NY 12202</p>	<p>Community Care Services Division 20 Rensselaer Street, Albany, NY 12202</p> <p>Shopping Assistance 518.432.0813</p> <p>Friendly Home Visitors 518.432.0813</p> <p>Caregiver Connection..... 518.465.1398</p> <p>Volunteer Services..... 518.432.0813</p> <p>HIICAP.....518.935.2307 (Health Insurance Information, Counseling and Assistance Program)</p> <p>Administrative Offices 32 Essex Street, Albany NY 12206 Phone: 518.465.3322 Fax: 518.465.6188</p>	<p style="text-align: center;">Senior Services <i>of Albany</i></p> <hr/> <p style="text-align: center;">Serving Elders and Their Families Throughout the Capital Region</p> <p style="text-align: center;">seniorservicesofalbany.com</p> <p style="font-size: small;">Programs funded by Albany County Department for Aging, New York State Office for the Aging, City of Albany, United Way of Northeastern New York, and community support.</p>
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