

The ADHC program provides a structured and supervised environment with coordinated health services. These services are provided by a health care team under the supervision of a medical doctor. Services may include:

- Nursing and Medical Care

*Health Monitoring
Prescribed Treatments
Health Education
Case Management*

- Social Work Services

*Counseling support for
veteran and / or caregivers*

- Rehabilitation Services

*Individualized therapy
services*

- Nutrition

*Regular Meals
Special Diets
Nutrition Counseling*

- Recreation Services

*Social interactions and
friendship
Exercise, Crafts, Activities*

Who can benefit from ADHC Services :

Veterans who:

- require help with eating, dressing, bathing, toileting
- have had 3 or more hospitalizations in the last year
- have used the Emergency Department or outpatient clinics 12 or more times in the last year
- have recently been discharged from a nursing home
- have difficulty with memory or making decisions

ADULT DAY HEALTH CARE

**113 Holland Avenue
Albany, N. Y. 12208
7th Floor C - wing**

**Telephone: 518-626-6120
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2/09

*Leading Health Care
In The 21st Century*



Adult Day Health Care

**Stratton VA Medical Center
113 Holland Avenue
Albany, NY 12208**



VA Mission:

*To care for our veterans with
compassion and excellence.*



A Medical Day Program for Veterans

Adult Day Health Care is an outpatient daytime program that provides health maintenance, case management and rehabilitation services for frail elderly and functionally impaired veterans.

The program goals are to:

- maximize the veterans level of independence
- avoid unnecessary institutionalization
- enable elderly and functionally impaired veterans to remain in supportive home environments

Adult Day Health Care (ADHC) utilizes a team of health care professionals who work together to develop a comprehensive treatment plan for each individual based upon the person's needs and interest

The ADHC program is open from 8:00am to 4:15pm Monday through Friday, except on national holidays.



Participant and Caregiver Responsibilities.

1. To actively participate and cooperate with your individual plan of care.
2. To ask questions and make suggestions as the need arises
3. To report any illness you may be experiencing.
4. To treat ADHC staff members and other participants with respect, and observe their privacy rights. (cameras and tape recorders are prohibited)
5. To use appropriate language and behavior for a health care environment.
6. To refrain from bringing in food items (birthday cakes, cookies, etc without special permission).
7. To follow the safety rules including the NYS and Federal "No Smoking" laws.
8. To keep you outpatient treatment appointments as scheduled.
9. To avoid interfering with the treatment of other veterans.
10. Staff work areas are off limits for veterans when not accompanied by staff.

Charges/Fees for ADHC

Depending on your VA eligibility category there may be a fee for the ADHC program. As a non-service connected veteran, you will need to complete a 10-10 EC.

