The following rules are designed for your safety.
Please obey the instructions of the pool staff at all times.

1. Children under 9 years of age must be accompanied at all times by an adult.
2. Appropriate bathing attire must be worn by all swimmers. Cutoffs and street clothes are not allowed. Swim diapers covered by rubber pants must be worn by diaper aged children and children who are not fully toilet trained.
3. Life vests, arm floats, and aqua joggers are allowed only with proper supervision. A responsible adult must be in direct contact with the swimmer at all times. No other flotation devices or toys are permitted. Water resistance belts may be worn for therapeutic reasons. Fins and water resistance belts may be worn in lap lanes only.
4. Lap lanes are for ages 14 & older and are to be used for lap swimming only. Circular swimming is required when more than 2 swimmers are in a lane.
5. Patrons may not engage in any unnecessary conversations with the lifeguards on duty.
6. Eating and drinking are prohibited in the pools, deck areas and in the locker rooms. Glass containers and bottles and alcoholic beverages are prohibited in all areas.
7. No smoking inside the pool complex.
8. Radios and C.D. players or any other devices that can be heard, are prohibited.
9. Running, playing ball, etc., is only allowed in grass areas.
10. Pollution of the swimming pools such as discharge of bodily fluids and excretions is prohibited. No person having skin lesions, sore or inflamed eyes, mouth, nose or ear discharges, or who is known to be a carrier of the microorganisms of any communicable disease shall use any swimming pool.
11. Diving into the 50 meter and L-shaped pool is prohibited.
12. Groups of 15 or more require prior approval from the Administrator of Parks and Recreation.
13. The head lifeguard on duty will be responsible for safety and decisions not covered in above rules.
14. All park rules apply within the pool complex.

DIVING AREA RULES

1. Dive from the boards only.
2. No double bouncing.
3. Only one person on a board.
4. Be sure area is clear before diving.
5. Swim to appropriate ladder immediately after diving.
6. Diver must be able to swim.
7. Do not climb the ladder while someone is on the board.
8. Dive or jump straight off from the end of the board.

SPASH ISLANDS RULES

1. No running, climbing, hanging, sitting on spray features or horseplay.
2. No glass containers, food, beverages, toys or gum allowed.
3. All other pool rules apply.

Please Protect Against Recreational Water Illness!

*Individuals with diarrhea shall not use the pools or Splash Islands.
*Shower yourself and your child after using the toilet.
*Use foot showers at the Splash Islands.
*Children who are not fully toilet trained must wear a swim diaper covered by rubber pants.
*No urinating, discharging of fecal matter, expectorating or blowing the nose in the pool or on Splash Islands. Please use locker rooms for diaper changing.
*Spray features use recycled water; DO NOT DRINK.